

*Behavioral Consultation and Primary Care:
A Guide to Integrating Services, 2nd Edition*

List of Figures

- 1.1 Distribution of mental health and substance abuse care in the U.S.
- 3.1 Interview questions (and desired answers) for BHC position applicants
- 3.2 Common tasks for a Behavioral Health Consultant Assistant (BHA)
- 3.3 Questions for interviews with Behavioral Health Assistant (BHA) applicants
- 5.1 Behavioral Health Consultant Core Competency Tool
- 6.1 PCP/RN Core Competency Tool
- 7.1 Core processes of Psychological Flexibility
- 7.2 Pillars of Psychological Flexibility and suggested therapeutic actions
- 9.1 Content for a brochure introducing BHC services
- 9.2 Components of a BHC initial visit
- 9.3 A Behavioral Health Consultant's introduction
- 9.4 A Behavioral Health Assistant's introduction of BHC services
- 9.5 Life context questions for adults
- 9.6 Life context questions for children and teens
- 9.7 Functional analysis questions
- 9.8 Example of a behavioral health prescription pad
- 9.9 Components of a BHC follow-up visit
- 9.10 Questions for assessing patient improvement
- 9.11 Questions for assessing patient experience with plan implementation

- 9.12 BHC SOAP notes for the initial visit
- 9.13 PCBH chart review tool
- 10.1 The BHC Start-Up Checklist
- 10.2 Example of poster announcing BHC services
- 10.3 GATHER: An example of a BHC educational handout
- 10.4 Educational handout providing information on connecting patients with the BHC
- 10.5 Example of a BHC shadowing note sheet
- 10.6 Example of a PCP/RN survey concerning patients PCPs/RNs would like BHCs to see
- 10.7 Example of a BHC “Request of the Week” communication to PCPs and RNs
- 10.8 Example of an educational handout for BHCs to use to teach PCPs and RNs strategies for talking with the patient about BHC services
- 10.9 An example of an educational handout to encourage PCPs and RNs to refer a broad range of patients to the BHC
- 10.10 BARRIERS to Using BHC (BUB) Questionnaire
- 10.11 BARRIERS to Same-day Services (BUS) Questionnaire
- 10.12 Example of a relapse prevention plan that BHCs can use as an educational tool for PCPs and RNs and an intervention for patients
- 11.1 Dr. Gather’s schedule for Monday
- 11.2 BHC Daily Practice Management Plan sheet
- 11.3 Neurodevelopmental PCBH pathway statement
- 11.4 Janet’s Duke Health Profile scores at the initial and follow-up consultations
- 12.1 Handout for the Life Path Class