

BARRIERS to Using BHC (BUB) QUESTIONNAIRE			
PART A: In your practice, when you consider using any BHC service (a class, warm-handoff, consult, etc.), how often do these factors <u>deter</u> you?	<i>Almost Never (0)</i>	<i>Occasionally (1)</i>	<i>Frequently (2)</i>
1. Patient is already seeing a therapist.			
2. I run out of time.			
3. Other needs/tasks distract me.			
4. Patient refuses the referral.			
5. Patient has seen BHC before for same problem, doesn't want to see again.			
6. Worry about alienating patient by recommending a behavioral health consult.			
7. Not sure how to refer to BHC.			
8. Not sure how to have patient schedule an appointment.			
9. BHC is unavailable or seems busy.			
10. BHC doesn't speak patient's primary language.			
11. Patient is responding well to medications alone; no need for BHC.			
12. Don't want to overwhelm the BHC.			
13. Not sure what to say about cost of BHC visit.			
14. Not sure which patients to send to BHC.			
15. Patient needs specialty psych care.			
16. Unlikely BHC could help with this type of problem.			
If you answered "occasionally" or "frequently" to 16, what was/were the problem(s)?			
Other barrier(s)? Please explain:			
PART B: Overall, how helpful is the BHC service for your patients ? Please circle a number below. <i>No benefit</i> 0 1 2 3 4 5 6 7 8 9 10 <i>Extremely beneficial (good patient feedback)</i>			
PART C: Overall, how helpful is the BHC service to you (i.e., helps you better serve patients, etc.) ? Please circle a number below. <i>Not helpful</i> 0 1 2 3 4 5 6 7 8 9 10 <i>Extremely helpful</i>			
PART D: If a 6 or below is indicated for PART B and/or PART C, what changes could be made to improve the helpfulness of the BHC service for both you and your patients? Use the backside of this paper to answer if needed.			

Figure 10.10. BARRIERS to Using BHC (BUB) Questionnaire.