

## **G.A.T.H.E.R.**

### The Essentials of Primary Care Behavioral Health

Here's a way to remember the key features of PCBH work:

<b>G</b> ENERALIST	The BHC is a generalist who sees any behavioral issue and all ages.
<b>A</b> CCESSIBLE	Most BHC services are available on a same-day basis.
<b>T</b> EAM-BASED	The BHC is a regular member of the team and is ready to help in a variety of ways, such as pre-PCP visits, after-PCP visits, classes, group medical visits, and assisting with resources.
<b>H</b> IGH PRODUCTIVITY	The BHC sees 10 or more patients every day.
<b>E</b> DUCATOR	The BHC teaches behavioral interventions to others on the team.
<b>R</b> OUTINE PATHWAYS	The BHC helps the team develop pathways or protocols that routinely involve BHC help in care for high-impact patient groups.

Let's **G.A.T.H.E.R.** together!

*Figure 10.3.* GATHER: An example of a BHC educational handout.