Hello, teammates!

Evidence suggests that many patients diagnosed with diabetes have a difficult time accepting the diagnosis emotionally. This may lead to difficulties with beginning to make multiple changes to daily routines.

Here is my **Request of the Week**:

*When you diagnosis a patient with diabetes, offer the patient a same-day BHC visit.*

I will teach them several skills to help them accept the diagnosis and pursue an active, approach to self-management.

Thank you!

Your BHC

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*Figure 10.7. Example of BHC “Request of the Week” communication to PCPs and RNs.*