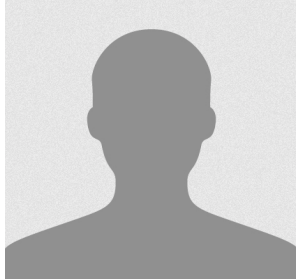


WE ARE PLEASED TO WELCOME A  
**BEHAVIORAL HEALTH CONSULTANT (BHC)**  
TO OUR CLINIC TEAM!



*BHC's Name*    *BHC's Credentials (e.g., psychologist, social worker)*

**Visits with *BHC's Name*:**

- Are open to all patients at our clinic
- Usually last between 20 and 30 minutes
- May be available on the same day you see your provider

***BHC's Name* offers help with:**

- Difficult life problems
- Stress
- Family troubles
- Coping with medical problems
- Changing risky behaviors like tobacco or problematic alcohol use
- Non-medication ways to help with chronic disease
- Child behavior problems
- Eating and activity changes for a healthy weight
- Learning and memory problems
- All types of mental health issues
- Sleep problems
- Couple/marital problems
- And more...

**Services from the BHC do not include:**

- Court ordered evaluations or care
- Special evaluations (e.g., custody or neuropsychological)
- Long-term therapy

**To schedule a visit with the BHC:**

- Ask your doctor
- Talk with the receptionist
- Call the clinic and make a request

FOR YOUR CONVENIENCE, YOU CAN OFTEN SEE THE BHC ON THE  
SAME DAY AS YOUR MEDICAL APPOINTMENT

*Figure 9.1.* Content for a flier introducing BHC services.