How is (target problem) going for you?

- Would you say it is improving, remaining the same or getting worse?
- What specifically has changed (if anything)?
- Has anyone else noticed any change(s)? If so, what?

**If improving or worsening:**
- What do you think is causing the change?

**If the same:**
- What do you think you are doing that is helping you keep it from getting worse?

*Figure 9.10.* Questions for assessing patient improvement.