

*“Hi, my name is \_\_\_\_\_. I am a (psychologist, social worker, counselor, etc.) and I work as a consultant to patients and providers in our clinic. I would like to get an understanding of the issue you and your provider are concerned about and then offer recommendations to both of you as to how to make it better. This will take about 20 or 25 minutes. Sometimes, patients get what they need in a single visit; other times, patients return for a few visits to learn new skills. I chart to the medical record. Like the other providers here, I will help you get help if you tell me about a problem involving safety or danger. Any questions?”*

*Figure 9.3. A Behavioral Health Consultant’s introduction.*