

“Hello, my name is ____ and I am the assistant for (Dr., Ms., Mr. ____). She/he is a (psychologist, social worker, counselor, etc.), and works as a consultant to patients and providers in the clinic. She/he will explore the concern that you and (Dr., PA, ARNP ____) have, and then make recommendations to you and your provider. This should take between 20 to 25 minutes. Some patients see (Dr., Ms., Mr. ____) only once and get what they need; others come back to learn more skills. Like other providers, (Dr., Ms., Mr. ____) will help you find help if you tell her you are in danger or have concerns about the safety of others. She/he will answer any questions you have.”

Figure 9.4. A Behavioral Health Assistant’s introduction of BHC services.