1. **Family**

   - With whom do you live? Are you married? Do you have children?
   - What other family is nearby? Do you have family elsewhere?
   - How are these relationships? How often are you in touch?

2. **Social**

   - Do you have a partner (if not married)? How long have you been together?
   - Do you have friends nearby? Do you have friends elsewhere?
   - How are these relationships? How often are you in touch (with friends)?

3. **Work/School**

   - Do you work/go to school? How many hours/week?
   - How long have you been in this job/school? How are you doing there?
   - Where do you find financial support (if unemployed)?

4. **Recreation**

   - What do you do for fun? Relaxation?
   - How often do you do these activities?

5. **Self-Care**

   - Do you exercise? If yes: What do you do, and how often?
   - Do you sleep ok? Eat ok? If not: What are the problems?
   - Do you use tobacco? Alcohol? Drugs? If yes: What and how often?
     - Have you had problems with these in the past?

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*Figure 9.5. Life context questions for adults.*