

<i>1. Family</i>
<ul style="list-style-type: none"> • With whom do you live? Are you married? Do you have children? • What other family is nearby? Do you have family elsewhere? • How are these relationships? How often are you in touch?
<i>2. Social</i>
<ul style="list-style-type: none"> • Do you have a partner (if not married)? How long have you been together? • Do you have friends nearby? Do you have friends elsewhere? • How are these relationships? How often are you in touch (with friends)?
<i>3. Work/School</i>
<ul style="list-style-type: none"> • Do you work/go to school? How many hours/week? • How long have you been in this job/school? How are you doing there? • Where do you find financial support (if unemployed)?
<i>4. Recreation</i>
<ul style="list-style-type: none"> • What do you do for fun? Relaxation? • How often do you do these activities?
<i>5. Self-Care</i>
<ul style="list-style-type: none"> • Do you exercise? If yes: What do you do, and how often? • Do you sleep ok? Eat ok? If not: What are the problems? • Do you use tobacco? Alcohol? Drugs? If yes: What and how often? <ul style="list-style-type: none"> ○ Have you had problems with these in the past?

Figure 9.5. Life context questions for adults.