

Appendix A

PCBH-Specific Learning Resources

Books

1. Gatchel, R. J. & Oordt, M. S. (2003). *Clinical Health Psychology and Primary Care: Practical Advice and Clinical Guidance for Successful Collaboration*. Washington, DC: APA Press.
2. Hunter, C., Goodie, J. L., Oordt, M. S. & Dobmeyer, A. (2009). *Integrated Behavioral Health in Primary Care: Step-by-Step Guidance for Assessment and Intervention*. Washington, DC: APA Press.
3. O'Donohue, W. T. & Byrd, M. R. (2005, Eds.). *Behavioral Integrative Care: Treatments That Work in the Primary Care Setting*. New York, NY: Routledge.
4. Robinson, P. J., Gould, D. A. & Strosahl, K. D. (2011). *Real Behavior Change in Primary Care: Improving Patient Outcomes and Increasing Job Satisfaction*. Oakland, CA: New Harbinger.
5. Serrano, N. (2014, Ed.) *The Implementer's Guide to Primary Care Behavioral Health*. Available at itunes.apple.com. Madison, WI: Access Community Health Centers.

Professional Organizations

1. Collaborative Family Healthcare Association (CFHA):
www.cfha.net
This organization has a PCBH Special Interest Group (SIG):
<http://www.cfha.net/?page=PCBHSIG>
2. Association for Contextual Behavioral Science (ABCS):
www.acbs.org
This organization has an ACT in Primary Care SIG:
http://contextualscience.org/act_in_primary_care_sig
3. Society for Behavioral Medicine (SBM):
www.sbm.org
This organization has an Integrated Primary Care SIG:
<http://www.sbm.org/about/special-interest-groups/integrated-primary-care>
4. Patient-Centered Primary Care Collaborative:

Robinson & Reiter, 2015. *Behavioral Consultation and Primary Care: A Guide to Integrating Services*, 2nd Edition

www.pcpcc.org

This organization has a Behavioral Health SIG:

<http://www.pcpcc.org/behavioral-health>

5. American Psychological Association (APA):

www.apa.org

This organization has an Integrated Primary Care SIG:

<http://www.apadivisions.org/division-54/sigs/primary-care/index.aspx>

6. Society for Teachers of Family Medicine (STFM):

www.stfm.org

This organization has a Family and Behavioral Health SIG:

<http://www.stfm.org/Groups/GroupPagesandDiscussionForums/FamilyandBehavioralHealth>

7. Association for Behavioral and Cognitive Therapies (ABCT):

www.abct.org

This organization has a Behavioral Medicine and Integrated Primary Care SIG:

http://www.abct.org/Members/?m=mMembers&fa=SIG_LinkToAll#behavioral_medicine

8. International Society for Traumatic Stress Studies (ISTSS):

www.istss.org

This organization has a Trauma, Health and Primary Care SIG:

http://www.istss.org/Trauma_Health_and_Primary_Care_SIG.htm

Consulting/Training Groups

1. Mountainview Consulting Group, Inc.:

www.mtnviewconsulting.com

2. Cherokee Health Systems:

www.cherokeetraining.com

3. Primary Care Shrink:

www.primarycareshrink.com

4. Access Community Health Centers:

www.accesscommunityhealthcenters.org

5. Mountain Park Health Center:

<http://mountainparkhealth.org>

6. Community Health of Central Washington:

www.commhealthcw.org

Online Continuing Education *

1. Fairleigh Dickinson University offers a certificate program:
www.integratedcare.fdu.edu
2. Center for Integrated Primary Care at the University of Massachusetts offers a certificate program:
<http://www.umassmed.edu/CIPC/Training/Certificate-Programs/pcbh/Curriculum/>
3. University of Michigan offers a certificate program:
<http://ssw.umich.edu/offices/continuing-education/certificate-courses/integrated-behavioral-health-and-primary-care>

NOTE: The website of the PCBH SIG of the Collaborative Family Healthcare Association maintains a list of CE and other training resources (must be a member):
<http://www.cfha.net/?page=PCBHSIG>

NOTE: Recommended Internet search terms for other offerings: “primary care behavioral health model PCBH continuing education”

* Note that resources in this category vary with respect to how exclusively they focus on the PCBH model. Resources higher on the list typically have the most PCBH-specific content, while those lower on the list usually have less. The order is not meant to indicate the quality of the offerings, only the specificity of content to the PCBH model.

Videos To View

On the book website (www.behavioralconsultationandprimarycare.com), we offer a variety of videos to help readers learn key skills for delivery of Primary Care Behavioral Health services.