

Patient Education Protocols - List

1. ADHD
2. Adherence Using Meds Successfully
3. Alcohol & Low Risk Drinking
4. Anxiety & Coping with Panic Attacks
5. Anxiety
6. Chronic Pain
7. Depression – Postpartum
8. Depression
9. Exercise & Physical Activity
10. Grief
11. Headaches
12. Hypertension
13. Parenting Protocol
14. Relationship Problems
15. Relationship Sexual Problems
16. Sleep & Insomnia
17. Sleep Apnea
18. Sleep Behavior Change & Diary
19. Sleep Class Packet
20. Stress
21. Substance Misuse & Maintaining Behavior Change
22. Weight Management