

Table 3.1 PCBH Phases 1-3 Training Goals and Activities

Phase	Goals	Learning Activities
1. Foundation Training	<p>Prepare leadership, all members of PC team and PCBH staff to:</p> <p>A. Describe PCBH using GATHER.</p> <p>B. Summarize evidence supporting PCBH.</p> <p>C. Demonstrate PCBH knowledge and skills, specific to their role)</p>	<p>Pre-reading (for all learners).</p> <p>Webinar discussions with an external PCBH trainer, visit PCBH clinic(s) (for system level and clinic leadership).</p> <p>Group training at clinic(s) (for clinic staff and PCBH staff, when hired).</p>
2. Team-based Training	<p>A. Implement PCBH practices in clinics.</p> <p>B. Use specific strategies to reach population-based care goals of PCBH (e.g., PCBH Pathways)</p> <p>C. Learn to identify barriers to PCBH success.</p> <p>D. Learn to use PCBH metrics to assess services and design quality improvement efforts.</p>	<p>Pre-reading (for all learners).</p> <p>On-going bi-monthly virtual meetings to assess implementation and plan (for system leaders, clinic leaders, PCBH staff)</p> <p>On-the-job coaching by a PCBH trainer, using the BHC Core Competency Tool (CCT) in week 1 of practice, again two-three months later (and again if needed) (for BHCs).</p> <p>On-the-job coaching by a PCBH trainer, using the Team and PCP Core Competency Tool (CCT) in week 1 of practice, again in 2-3 later (for CEs).</p> <p>Brief targeted trainings on topics of interest, such as addressing barriers to use of</p>

		BHC and development of PCBH pathways (in-person or virtual) (for PCBH and PC staff).
3. Inter-Professional Development	<p>A. Broaden range of behavioral health interventions</p> <p>B. Enhance confidence in using behavioral health assessments and interventions (e.g., FACT, behavioral and cognitive interventions, interventions targeting physiological regulation, motivational interviewing, problem solving)</p>	<p>View live or recorded webinars and participate in small group discussions about application, cases (for PCBH staff, PC staff)</p> <p>Participate in peer supervision group meetings, engage with case presentations, complete chart reviews (as directed by system), view program metrics and plan quality improvement pilots (for PCBH staff, PC staff)</p>